



PASADENA ROTARY CLUB ROTARY INTERNATIONAL

SPOKES NEWSLETTER

DISTRICT 5300 * Rotary Club 794 * March 8, 2019 * Number 568
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This Week's Program

4-Way Test Speech Contest - Group Level Round

Introducers:

Dr. Richard Gray

and 4-Way Test Speech Committee Co-Chairs, **Scott Vandrick** and **Mark Nicoletti**



BE THE INSPIRATION

Together with partner Clubs, Altadena, Pasadena Afterhours and San Marino, Pasadena Rotary hosts the Group Level Round of the 4-Way Test Speech Contest 2019. Late in February, 50 students from area high schools competed to represent one of these Clubs as their contestant in

this important round of the competition. On March 13, four students will present speeches embracing this year's Rotary International theme, "Be The Inspiration", and incorporating the 4-Way Test of what we think, say or do. Of those students, one will progress to the Regional Level Round on April 12, 2019, and with luck, compete at the District Level Round on May 4, 2019 with a chance to win a \$5,000 college scholarship. Special acknowledgment to our honored judges for the Group Level Round, Honorable Darrell Mavis, Anne Miskey and **Nate Bradley**, and thanks to the official timekeeper, **John Cooper**.

Join us to experience enlightening insight into the minds of the next generation, and be a part of encouraging the leaders of tomorrow.

ROTARY'S 4-WAY TEST

Of the things we think, say or do

1. Is it the TRUTH?
2. Is it FAIR to all concerned?
3. Will it build GOODWILL and BETTER FRIENDSHIPS?
4. Will it be BENEFICIAL to all concerned?

Accompanist: **Don Andruess**

Song Leader: **Marilyn Buchanan**

Inspiration: **Ellen Simon**

Inspiration Station

by **President Mary Lou Byrne**



I received the nicest email from Phyllis Specht, wife of our friend **Chet Specht**, this week. Phyllis reminded me that contrary to my description of the Paul Harris Fellowships as being "a pin for every thousand dollars donated to the Rotary Foundation, plus a sapphire for each additional thousand dollars," it's actually much more complicated than that! You can read about all the levels [here!](#) Phyllis reports that Chet has two diamonds in his Rotary Pin, and that she herself has a pendant with the Rotary symbol and two diamonds and "a very nice engraved glass paper weight." Thank you for all you do, Chet and Phyllis! (Note to the Historical Committee: We should track down our Club's wonderful history of giving to the Rotary Foundation and make that a big part of our celebrations for next year!)

In other "corrections and elections" news, I am delighted to report that at this week's meeting we overwhelmingly voted to approve the slate of four nominees to fill the four vacancies that will arise on

the Board of Directors on July 1. Thanks to **Past President Frank Nicholas** for making the nomination and election process so smooth! Allow me to introduce our four new Board members-elect:

Julie Bank works in the field of non-profit management specializing in animal and child welfare. She is currently a consultant assisting animal welfare agencies and corporate entities with their business strategies. Julie previously worked as the CEO at the Pasadena Humane Society. She has run national, government, regional and local organizations across the country including New York, Arizona, Oklahoma and California. Julie's expertise lies in organizational change management, communication and fundraising strategy and implementation, program and leadership development. She is a national speaker and writer on non-profit and animal welfare issues. Julie has a BS in Business Management and Finance and a Masters work in Museum Leadership and Non-profit Management. Julie has been an active volunteer working as a CASA (Court Appointed Special Advocate) for over 10 years, is a member of the Tournament of Roses, and assists with her 10 year old son's activities including the PTA, Boy Scouts of America, and Monrovia Canyon Park.

Julie's participation with Pasadena Rotary started three years ago when she moved to California. She has been an active member of the grants committee, Four-Way Speech Contest, the music committee and the program committee which she co-chaired in 2017-2018.

Scott Carlson received his bachelor's and law degrees from UCLA and practices law here in Pasadena with his partner, Past President **Frank Nicholas**. Scott has been representing individuals and businesses in real estate and business matters for over thirty years. In both litigation and transactions, Scott works to complete transactions and to resolve disputes in an economical manner while protecting his clients' interests. When asked for his Rotary bio, Scott

said, "I joined Rotary in July 2014. After successfully completing my rigorous Tyros training, I have been involved with the following committees:

Teen Leadership Camp - Chair or co-Chair - July 1, 2015 to the present. Member starting in Fall 2014.

Done in a Day - Co-Chair - July 1, 2017 to June 30, 2018.

Social Committee - Co-Chair - July 1, 2017 - June 30, 2018. Member starting in 2016.

Invocations Committee - Co-Chair July 1, 2016 - June 30, 2017, Member starting in Fall 2014.

Scout Zone -- cub and staff reporter, conscripted in early 2015 and involved to the present.

I have also filled in at the registration table as needed for the past year or so."

Michele (one-L) Ferroni provided the following short and sweet bio: "Originally from San Francisco, born and raised in North Beach. I am a criminal defense attorney, which I have been my entire legal career. I began as a public defender intern while in law school then was hired as a deputy public defender in Sacramento, and then spent a couple of years at the Alternate PD office in LA county. In 1997, I went into private practice as a sole practitioner. My office is in Pasadena though I work in the LA county and San Bernardino county courts. Outside of work, I stay active as an avid hiker, skier, yoga, mountain biking. I have lived in the same house in Pasadena for almost 24 years and love my neighborhood and all the city as to offer. In Rotary, I have been co-chair of the Wednesday luncheon set up committee since my first Tyros meeting after becoming a Rotarian in November 2016."

Robert Earnest is a graduate of UCLA and Harvard Law School. He also earned his Certificate of Fiduciary Management from Cal State Fullerton. Before establishing Earnest Trust Management, Robert practiced law for 30 years for both international law firms and multinational companies.

Robert is a resident of Arcadia and has resided in the San Gabriel Valley since 1990. He and his family have been actively involved in youth organizations and Arcadia schools. He is an Eagle Scout and was recognized with the Silver Beaver award for distinguished service to youth by his local Scouting council.

Robert says "My Rotary history is brief but meaningful: I joined on July 16, 2017 (although the website says Aug. 16). I've been most active with Teen Leadership Camp since joining, having served as an Advisor in year 1 and a co-leader of the ethics workshop in year 2, as well as serving as the co-chair in year 2. I've also served as one of the many to build bikes, interview RYLA candidates, read across America and serve the homeless. To better my understanding of Rotary, I did complete level 1 of Rotary Leadership Institute and hope to continue with level 2."

Pasadena Rotary, I am thrilled that we will be adding these upstanding citizens to our Board. We will most definitely be in good hands for our Centennial year. Heartiest congratulations and best wishes to our Board members-elect!

Yours in old friends and new directors,

Mary Lou

Scout Zone

By **Justene Adamec**, Bureau Chief

After **President Mary Lou Byrne** and **Ross Jutsum** led us in *Singin' in the Rain* (I wonder what inspired that), **Terry Masango** gave the inspiration. After eloquent descriptions of people

struggling, he declared that "we think of them, we stand with them and we feel for them."

President Mary Lou spoke with **Joe Lonergan**, who recently attended the funeral of former Rotarian Jim Curry, whom Joe described as a fine architect, a hard worker, and a good friend. We shared a moment of silence in Jim's memory.

President Mary Lou asked who read her column and only a smattering of hands went up. This column has told its readers to read the President's Corner because there will be a quiz. However, there is a suspicion that even fewer people read this column. President Mary Lou shared a meme that the Scoot Zone bureau chief sent - WRITE like no one is reading. So we soldier on.

Last week's Inspiration Station announced the Nominations Committee's slate of new Board Members: **Julie Bank, Scott Carlson, Robert Earnest, and Michele Ferroni** (spelled with one L.) Ballots were on the table. We overwhelmingly voted in favor of the slate of nominees. (Read all about our Board members-elect above in this week's Inspiration Station!)

Also on the table was the first of several surveys of information for the Centennial celebration. If you weren't there, a form can be emailed to you. Basically we need you to ransack your attic, basement, closets, car trunks, and hard drives for Pasadena Rotary memorabilia to be used in the upcoming festivities.

Del Lile announced that RYLA has selected 10 students from 4 area high schools to attend the RYLA weekend this year with a few hundred other students from other Rotary clubs.

Past President Shel Capeloto donated \$20 to the Polio Pig in honor of the Polytechnic Interact Club, which has raised \$782 for Caring Little Hearts. \$88 saves a life.

Past President Diana Peterson-More gave another \$5 to the Polio Pig, \$1 for each additional person who bought her book *Consequential Communication in Turbulent Times: A Practical Guide to Leadership*.

Dean Billman donated to the Polio Pig in honor of his father, who is a polio survivor and the reason Dean is a Rotarian.

President Mary Lou gave Be the Inspiration coins to **Norma Mardelli** for arranging the LA Galaxy evening and **Eric Olsen** for wearing a Cat in the Hat hat to the meeting in honor of Read Across America.

Helen Baatz introduced our speaker, Dr Julia Bradsher, President & CEO, Huntington Medical Research Institutes. Julia used the children's book *The Little Engine That Could* to demonstrate how a small independent biomedical research lab can succeed. Children's books are warm and fuzzy on the outside and deeply symbolic on the inside.

HMRI is one of 80 independent research labs in the country. Since the recession 1 in 9 failed. Even though there are fewer labs, funding has gotten tighter. Federal grants are managed by the National Institutes of Health. In 2003, 35% of grant applications were funded. Today, it is 10-15%, depending on what area of research in which you apply.

HMRI is not affiliated with Huntington Hospital or the Huntington Library. Their funding comes 30% from federal and state grants; 30% from private foundations, 30% from investments of their assets; and 10% from individuals.

Their focus is on the brain and heart and the intersection of the two. They have studies and anyone can apply to be a study participant. Because their scientists don't have the same demands as University professors (such as teaching and faculty meetings), more time can be spent on research.

The four characters in *The Little Engine That Could* are the Big Engine, the Shiny New Engine, the Old Engine, all of whom would not help with the load over the mountain and the Little Engine who chugged up the mountain chanting "I think I can." When the Little Engine crested the hill, it coasted down the other side saying "I thought I could."

The Big Engine represents big research institutions. HMRI has a laser-like focus on their areas of expertise.

The Shiny New Engine correlates to HMRI's brand new 35,000 square foot research facility. HMRI isn't distracted by their new facility. They remain focused on the science.

The Old Engine warns HMRI not to grow weary but to focus on their vision and evolve.

Like the Little Blue Engine, HMRI tries things because they think they can, they put the first stent into the brain of a child because they thought they could. Last week, that child returned as a grownup to visit and thank the organization.

Helen Baatz, Marshall Fuss, Dean Billman, Debi Kroman and **Phil Miles** asked questions.

After giving Julia her speaker's gift, **President Mary Lou** told us to Go Out There and Be the Inspiration.

Next week is the 4-way speech contest!

Upcoming Events



"Caring Little Hearts"

Over the last two years, Rotary Club of Pasadena has joined hands with the Rotary Club of Madras South, in Chennai, India for a project whereby we funded more than 200 heart surgeries to needy children with congenital heart disease.

We Rotarians embrace this opportunity to do good deeds half way around the world. If you visit www.caringlittlehearts.com, you can explore a video that tells a compelling story of the challenge to give infants and children in India a chance to live healthy lives. If you cannot give, please share the website with others on your social media page.

By working together to respond to real community needs, clubs and districts strengthen their global partnerships. The most compelling aspect of participating in the global grants process is the opportunity to make a difference in the world. This year's Global Grant fundraising is only \$17,500 or less than \$88 per surgery.

DONATE TODAY: <https://www.gofundme.com/caring-little-hearts>

Monday, March 11, Tyros Luncheon, noon, Athenaeum

Happy Birthday To These Rotarians!

John Cushman & John McDannel	March 10
Ilona Linden	March 11
Bob Fisher	March 14

Happy Anniversary To These Rotarians!

Frank Waterman	3/10/10	9 years
Cyrus Afshin & Gary Nelson	3/11/09	10 years
Justene Adamec, Don Andruess & David Covell	3/11/15	4 years

Potential Member Guests

Stephen McCurry, Executive Director, Pasadena Conservatory of Music, Guest of **Deb Lewis**

Upcoming Programs

March 13	Four-Way Speech Contest	
March 20	George Lewis	Fake News
March 27	Dan Stover Instrumental Music Competition	
April 3	Steve Mulheim, CEO of OPMD	Summer Fun

SPOKES is a weekly newsletter published by the Rotary Club of Pasadena.

Rotary Club of Pasadena
556 S. Fair Oaks Ave. Suite 101 #379
Pasadena CA 91105

Should you have questions regarding this publication, please call us at 626-400-6750 or send us an email to office@pasadenarotary.com.

Visit our website www.pasadenarotary.com



See you on Wednesday!

